

"C'EST LA VIE"

SINGLE: "C'est La Vie" by B*Witched

CHOREO: Kelli McChesney

INTRO: Wait (32) beats / Start with LEFT foot

Intermediate

Pop music

TIME: 2:52

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PART A: (32 BEATS)

- (1) **"STEP OUT"** --- STEP(OUT) STEP(TOG) RS RS (move left)
L R LR LR
- (1) **"TWIST"** --- DS DS DBL-TWIST(L) TWIST(R) CHUG
L R L BOTH BOTH L
- (1) **"DOUBLE HOP"** --- DS DBL-BNC(turn ¼ left) HOP* HOP* RS
* - (turn ¾ right on HOP HOP) L R BOTH L L RL
- (1) **"TRIPLE"** --- DS DS DS RS
R L R LR
- (1) **REPEAT ABOVE (16) BEATS TO FACE FRONT**

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PART B: (32 BEATS)

- (1) **"LOOP STEP"** --- DS LOOP(IB)/STEP DS BA/SL
L R R L R R
- (1) **"KICKER"** --- DS KICK KICK RS
L R R RL
- (2) **"BASICS"** --- DS RS (turn ½ right)
R LR
- (1) **"HEEL PULL"** --- DS DS ROCK HEEL* STEP(TOG)
* - (takes weight) R L R L R
- (1) **REPEAT LOOP STEP AND KICKER**
- (1) **"DOUBLE DOWN"** --- DBL-BNC HOP(turn ¼ right) RS(turn ¼ right) KICK
R BOTH L RL R
- (1) **"CHAIN RUN"** --- DS RS RS RS (run forward)
R LR LR LR

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CHORUS: (32 BEATS)

- (2) **"DOUBLE UP"** --- DS DBL(UP)
L R
- (1) **"DOUBLE BASIC KICK"** --- DS DS RS BR(UP)
L R LR L
- (1) **"BACK PULL"** --- STEP STEP(B)/PULL-HEEL STEP
L R L L
STEP STEP(B)/PULL-HEEL STEP
R L R R
ROCK HEEL*(turn ½ left) STEP DS RS
L R L R LR
- (1) **REPEAT ABOVE (16) BEATS TO FACE FRONT**
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"C'EST LA VIE" (CONT'D)

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- (1) REPEAT PART A
 - (1) REPEAT PART B
 - (1) REPEAT CHORUS
 - (1) ADD (4) DS
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PART C: (32 BEATS) (Try dancing this part in a circle! (with at least six people))

- (1) "TRIPLE" --- (move forward)
 - (1) "COTTON EYE JOE" --- KICK(IF) KICK(OUT) DS RS
R R R LR
 - (1) REPEAT TRIPLE (move back) AND COTTON EYE JOE
 - (2) "CROSS BASICS" --- DS ROCK(IF) STEP
L R L
 - (1) "PUSH-OFF" --- DS RS RS RS (skip left)
L RL RL RL
 - (1) REPEAT CROSS BASICS AND PUSH-OFF (skip right) -- USING
OPPOSITE FOOTWORK
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- (1) REPEAT CHORUS
- =====

½ PART C: (16 BEATS)

- (1) "TRIPLE" --- (move forward)
 - (1) "COTTON EYE JOE"
 - (1) REPEAT TRIPLE (move back) AND COTTON EYE JOE
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SEQUENCE: Wait 32, A, B, CHORUS, A, B, CHORUS, (4) DS, C, CHORUS, ½C,
ADD A STEP(OTS).

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ABBREVIATIONS:

RS -- rock step	IB -- in back
DS -- double step	B -- back
DBL -- double	IF -- in front
BNC -- bounce	L -- left foot
BA / SL -- ball slide	R -- right foot
TOG -- together	

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