

# HAPPY

**MUSIC:** By Pharrell Williams (*Amazon.com mp3 download*)

**Easy+/Beginner**

**CHOREO:** Kelli McChesney-Shtogun, Tampa, FL

**Pop**

*danceaddict@windstream.net, www.kellimcchesney.com*

**TIME: 3:52**

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**INTRO:** Wait 2 beats / Start with LEFT foot

**SEQUENCE:** A, CHORUS, A, CHORUS, B, CHORUS, CHORUS, ½B (no turns),  
CHORUS, CHORUS.

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**PART A: (32 BEATS)**

- (1) **“TRIPLE TWIST”** --- DS DS DBL-S/TW(L) TW(R) LIFT(*turn ¼ right*)  
L R L L/BOTH BOTH R
- (1) **“CATAWBA STEP”** --- DBL-S/HEEL-HEEL HEEL-HEEL HEEL-HEEL S  
R R/L L R R L R R
- (3) **REPEAT ABOVE (8) BEATS TO FACE ALL FOUR WALLS**
- =====

**CHORUS: (32 BEATS)**

- (1) **“TOUCH UP TURN”** --- DS TCH(UP) TCH(UP) TCH(UP) (*turn ¾ left*)  
L R R R
- (1) **“SWIVEL”** --- DBL-HEELS(R) TOES(R) HEELS(R) TOES(R)  
(*move right*) R -BOTH BOTH BOTH BOTH  
HEELS(R) TOES(R) LIFT  
BOTH BOTH L
- (3) **REPEAT ABOVE (8) BEATS TO FACE ALL FOUR WALLS**
- =====

**PART B: (32 BEATS)**

- (2) **“WALKING STEPS”** --- DS DS DR-S DR-S DS DS DR-S DR-S  
(*move fwd, angling left*) L R R L L R L R R L L R
- (1) **“ROCKING CHAIR”** --- DS BR(UP) DS RS (*turn ¼ left*)  
L R R LR
- (1) **“WALK THE DOG”** --- DS DS HEEL\* HEEL\* RS (*turn ¼ left*)  
(\* *takes weight*) L R L R LR
- (1) **REPEAT ABOVE (16) BEATS TO FACE FRONT**
- =====



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→→→ **BEGINNER ADAPTATION OF THIS ROUTINE IS ON NEXT PAGE!** →→→

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CHORUS, CHORUS.

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**PART A: (32 BEATS)**

- (1) **“TRIPLE TWIST”** --- DS DS DBL-S/TW(L) TW(R) LIFT(*turn ¼ right*)  
L R L L/BOTH BOTH R
- (1) **“TRIPLE”** --- DS DS DS RS  
R L R LR
- (3) **REPEAT ABOVE (8) BEATS TO FACE ALL FOUR WALLS**
- =====

**CHORUS: (32 BEATS)**

- (1) **“CHAIN TURN”** --- DS RS RS RS (*turn ¾ left*)  
L RL RL RL
- (1) **“PUSH OFF”** --- DS RS RS RS (*move right*)  
R LR LR LR
- (3) **REPEAT ABOVE (8) BEATS TO FACE ALL FOUR WALLS**
- =====

**PART B: (32 BEATS)**

- (2) **“4-BEAT VINES”** --- DS DS(IF) DS DS(IB) DS DS(IF) DS DS(IB)  
(*move left*) L R L R L R L R
- (1) **“ROCKING CHAIR”** --- DS BR(UP) DS RS (*turn ¼ left*)  
L R R LR
- (1) **“FANCY DOUBLE”** --- DS DS RS RS (*turn ¼ left*)  
L R LR LR
- (1) **REPEAT ABOVE (16) BEATS TO FACE FRONT**
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**ABBREVIATIONS:**

DS – double step

RS – rock step

IB – in back

DBL – double

BR – brush

L – left

S – step

IF – in front

R – right

TW – twist

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